Learn to Swim at Barracuda Bay Aquatic Complex

All classes are taught by American Red Cross certified Water Safety Instructors.

Parent and Child Aquatics (Ages 6 months -3 yrs. old)

Level 1 – Introduces basic skills to parents and children, including safety topics.

Level 2 – Builds on the skills introduced in Level 1, with participants improving these skills and learning more advanced skills.

Preschool Aquatics NEW! (Ages 4yrs. - 5yrs. old)

Level I

Helps participants feel comfortable in the water and to enjoy the water safely.

Level II

Builds on the skills learned in Level 1 and gives participants success with fundamental skills such as floating and basic locomotion.

Level III

Builds on the skills in Level 2 and improves participants' coordination of simultaneous arm and leg actions and alternating are and leg actions.

Learn-to-Swim (Ages 6yrs.-15yrs. old)

Level I: Introduction to Water Skills Helps participants feel comfortable in the water.

Level II: Fundamental Aquatic Skills

Gives participants success with fundamental skills.

Level III: Stroke Development

Builds on the skills in Level 2 through additional guided practice in deeper water.

Level IV: Stroke Improvement

Develops confidence in the skills learned and improves other aquatic skills.

Adult lessons for Beginners (Ages 16yrs. and older)

This class is designed for ages 16 and up to build on the aquatic locomotion and safety, and to develop overall confidence and competency in the aquatic environment. This level includes deep water bobbing, turns at the walls, fundamentals of elementary backstroke, front crawl, side stroke, breast stroke and rhythmic breathing.

When: Mondays, Wednesdays, & Fridays Session 1: March 21 – April 1, 2016 Session 2: April 4 – 15, 2016 Session 3: April 18 – 29, 2016 Session 4: May 2 – 13, 2016 Session 5: May 16 – 27, 2016 Session 6: May 30 – June 10, 2016 Session 7: June 13 – 24, 2016 Session 8: June 27 – July 8, 2016 Session 9: July 11 – 22, 2016 Session 10: July 25 – August 5, 2016 Session 11: August 8 – 19, 2016 Session 12: August 22 – September 2, 2016 Session 12: September 5 – 16, 2016 Session 13: September 19 – 30, 2016 Session 14: October 3 – 14, 2016 Session 15: October 17 – 28, 2016

<u>Times:</u> Parent/Child:

5:15pm- 5:45pm (Level I-II)

Preschool Aquatics NEW:

Level I:	5:15pm- 5:45 pm
Level II:	5:15pm- 5:45 pm
Level III:	5:15pm- 5:45 pm

Learn-to-Swim:

Level I:	6:00pm – 6:30 pm
Level II:	6:00pm – 6:30 pm
Level III:	6:00p.m6:30 pm
Level IV:	6:00p.m6:30 pm

Adult Lessons:	6:45p.m7:15 pm
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- Location: Barracuda Bay Aquatic Complex 1621 W. Blue Heron Blvd Riviera Beach, Fl 33404
- Admission: \$20.00 per session for residents \$25.00 per session for non-residents
- **Registration:** Call (561)845-4070 Monday – Friday; 8:00am – 5:00pm

The City of Riviera Beach is partnering with the Palm Beach County Drowning Coalition to provide swim lessons for qualified applicants free of charge. For more information, contact the Drowning Prevention Coalition at 561-616-7068

* First Come / First Serve (Space is limited)

* All dates and times are subject to change due to inclement weather or staffing.