



Sabrina Harris – Professional & Motivational Speaker Bio

Sabrina Harris has spent a fair majority of her life on the frontlines educating, empowering, and inspiring diverse audiences to accept the reality of their life experiences while striving to shift what was once undeniable pain to authentic purpose. Her professional career expands three decades (and counting) to include: public service, quality assurance interventions, management, frontline supervision, professional training and development, professorship, entrepreneurship, creative consulting, in addition to overseeing mass-scale beauty and fashion projects. However, it was a deep spiritual awakening that abruptly re-directed Sabrina’s primary focus and efforts towards: counseling psychology, crisis intervention, trauma-informed care, holistic wellness, child welfare advocacy and reform, empowerment consulting, and motivational speaking.

Sabrina is a visionary whose time has come to educate, empower and inspire our nation to higher heights. She is now seen as one of the many “go-to” motivational speakers particularly for those seeking to triumph over intricate life challenges, in addition to those who endeavor to acquire life-sustaining coping and survival skills, emerge from the deep stronghold of “stuck places”, in addition to those who seek to elevate their existence by infusing spirituality and holistic wellness approaches into their daily regime of conscious living. Sabrina gravitates intuitively to those persons who are challenged with loving, respecting and honoring themselves by barring herself as a woman who was once a mirrored reflection of them, yet has since overcome to be a living testament of the miraculous things that can happen when one aspires and persists to rise higher.

Sabrina is a two-time graduate of Palm Beach Atlantic University (FL) having obtained a Masters degree in Counseling Psychology (with a tri-certification in Mental Health, Addictions and Marriage and Family Therapy) in 2008, in addition to a Masters degree in Leadership in 2015 with concentration on entrepreneurship and organizational management. She is currently in the research phase of doctoral studies with National Louis University (Tampa), and she is slated to publish her first book and graduate with an Ed.D. in Counseling Psychology and Supervision in Spring 2020. Sabrina is a Certified Trauma Professional, Clinical Psychotherapist, Licensed Mental Health Practitioner, Crisis Intervention Specialist, Sexual Assault Counselor, Empowerment Consultant & Psychoeducation Group Facilitator serving across the Mental Health, Marriage & Family and Addictions & Recovery disciplines, in addition to hosting and collaborating on multi-tier community and social projects which bring important, timely and relevant information and resources to those persons interested who otherwise might not have the desired access or opportunity.

Sabrina is also the Chief Executive Officer, Executive Director & Creative Strategist of the “*House of Loveillionaires Inc.*” which is a 501(c) (3) non-profit organization that utilizes psychoeducation, societal engagement, heightened awareness, advocacy and community involvement as a means to uplift, inspire and motivate primarily mature women, teen and adolescent girls to positively gain and maintain control of their lives. This “*cutting-edge*” movement engages a multi-faceted approach towards goal accomplishment which includes (but not limited to): workshops, seminars, empowerment forums, social projects, professional counseling, support groups, and self-enhancement projects to help participants understand their worth and realize their ultimate best. She is a woman of purpose on a mission to help bring soul healing, compassion, love, guidance and support to a society at large that is crying out for a new day and a new way.

HONOR & RECOGNITION:

Sabrina is a recipient of the Legacy South Florida Most Influential & Prominent Black Women in Business and Industry of 2018, featured on the People of Power Show with host and creator Kitty Lundan (October 2018), featured honoree of The 2018 Stiletto Awards Gala & Networking Mixer for her grassroots intervention and support of those who have been violently victimized, non-profit recognition and sustainability support Commissioner Cory Neering (2018), Former Mayor Thomas Masters (2018) and Mayor Ronnie Felder (2019), recipient of the 2015 and 2018 SHERO Award which is an honor bestowed by Rev. Lee Sapp and the Shepherd’s Heart AME Church for her community activism, advocacy and dedicated public service, selected as the keynote speaker for Palm Beach County Victim Services on the topic of domestic violence and abuse in 2018 and 2019, featured in the Voyage MIA Magazine for her entrepreneurial non-profit organizational endeavors (2018), recipient of the 2019 Feminist Empowerment Award from the National Coalition for 100 Black Women (South County Chapter), recognized as an Outstanding Alumni & Community Business Leader through Palm Beach Atlantic University (2019), she was featured in the Make Your Story Legendary Magazine chronicling her story on her survival of domestic violence and abuse (2018), featured presenter for the Reignite Florida Leadership Summit (2017 and 2018), she was interviewed by WPTV News and the Palm Beach Post media outlets 2018 and 2019 regarding her courageous survival of domestic violence and abuse and date rape by substance, in addition to having received other numerous certificates of

recognition, appreciation, commendation and continuous accolades for her unwavering service and dedication.

ORGANIZATIONAL AFFILIATIONS:

American Counseling Association (ACA), American Psychological Association (APA), South Florida Behavioral Health Network, NAMI of Palm Beach County, Jim Moran Institute, and the Mental Health Association of Palm Beach County.

CONTACT INFORMATION:

Mrs. Sabrina Harris

3176 Turtle Cove, West Palm Beach, Fl. 33411

(561) 352-5418

Email: thecounselorinme@yahoo.com